How Community Water Fluoridation Prevents Tooth Decay

For children



When children are young fluoride that is swallowed enters the bloodstream.





It combines with calcium and phosphate as the tooth is formed under the gums.

These teeth are more resistant to decay throughout childhood and the teenage years.





Fluoride in beverages and foods mixes with the saliva.

Saliva neutralizes acid produced by bacteria on teeth.





the fluoride heals the teeth and protects them from further decay.

ILikeMyTeeth.org





The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances. This publication has been developed by the American Academy of Pediatrics. The authors and contributors are expert authorities in the field of pediatrics. No commercial involvement of any kind has been solicited or accepted in the development of the content of this publication. The appearance of any corporate logo on AAP publications does not constitute or imply an endorsement of any product or service. You may download or print from our Web site for personal reference only. To reproduce in any form for commercial purposes, please contact the American Academy of Pediatrics.