

Your teens may think they don't need you anymore,  
**but they'll always need their teeth.**



**BRUSH TWICE A DAY**

**FLOSS ONCE A DAY**

**VISIT THE DENTIST**

**EAT A HEALTHY DIET**

**DON'T USE TOBACCO**

**DRINK WATER + FLUORIDE**

CAMPAIGN FOR  
**DENTAL HEALTH**  
life is better **WITH TEETH**

American Academy  
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

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